

St. Clare Hospital - Baraboo

707 14th Street | Baraboo, WI 53913



2018

Community Health Needs *Assessment*



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Message to Our Community

St. Clare Hospital - Baraboo, a member of SSM Health, has delivered exceptional, compassionate care in Sauk County to Baraboo, Wisconsin Dells, Lake Delton and the surrounding communities for 96 years. Inspired by our founding Franciscan Sisters of Mary and guided by our Mission – Through our exceptional health care services, we reveal the healing presence of God – we cherish the sacredness and dignity of each person as demonstrated through our Values of compassion, respect, excellence, stewardship and community.

Our sustained community commitment can be seen through our collaborative partnerships with residents and organizations. We rely on these relationships to help us identify and develop plans to address high-priority community health needs. We are grateful for the opportunity to partner with the following organizations and businesses: St. Clare Hospital Foundation, Boys and Girls Clubs of West Central Wisconsin, Sauk County Health Department, Sauk County Health & Wellness Coalition, Baraboo and Wisconsin Dells area school districts, county and local law enforcement agencies, Ho-Chunk Nation, Hope House, county and local emergency response teams, Sauk County Aging and Disability Resource Center, the City of Baraboo, Village of Lake Delton, City of Wisconsin Dells, local, county and State government officials and many others.

Over the last 12 months, in collaboration with our community partners, we have conducted a community health needs assessment by gathering health-related information regarding Sauk County and the surrounding communities. We have conducted a community health needs survey, interviewed key health officials, conducted community discussion forums and focus groups to identify concerns about the health of these communities and the number of area-based programs and organizations that exist to address their needs. These discussions identified needs that were prioritized based on the level of importance to community members and the hospital's ability to truly make an impact.

Sincerely,



Laura Walczak
President & CEO
St. Clare Hospital - Baraboo



Executive Summary



background

St. Clare Hospital is pleased to present the 2018 Community Health Needs Assessment (CHNA). This CHNA report provides an overview of the health needs and priorities associated with our service area.

The goal of this report is to provide individuals with a deeper understanding of the health needs in the communities we serve, as well as help guide the hospital in its community health improvement implementation planning efforts and development of an strategy to address evaluated needs.

The SSM Health Wisconsin Regional Board approved this CHNA November 15, 2018. St. Clare Hospital last conducted a CHNA in 2015.

The Affordable Care Act (ACA) requires 501(c)(3), tax-exempt hospitals to conduct a CHNA every three years and adopt a strategic implementation plan for addressing identified needs.



priorities

St. Clare Hospital – Baraboo determined priorities for the 2018 CHNA to include:

- **Mental Health** - a major public health concern due to limited access to resources and the lack of mental health facilities, with many patients having to drive hours for treatment. Out of the 14 choices listed on the 2018 Sauk County Health & Wellness Coalition survey, mental health was **ranked as the #1 health problem in our community**. All key informant groups brought Mental Health to the forefront of the discussion. Mental illness, especially depression, escalates the risk for many physical health problems, particularly long-lasting conditions such as type 2 diabetes, stroke and heart disease.

- **Chronic Disease** – a growing concern with heart disease and diabetes increasing across Sauk County due to an aging population and obesity rates. Of 14 choices, heart disease/stroke was **ranked the second most important health problem in our community**
- **Obesity** - the disorder associated with illnesses directly caused or worsened by significant weight and lack of nutritional foods or food knowledge. Obesity is a continual issue in our community. Of the 14 choices on the 2018 Sauk County Health & Wellness Coalition survey, being overweight was **ranked the third most important risky behavior**.

strategies

Mental Health

Hold steady the number of poor mental health days in Sauk County from 3.4 in 2018 to 3.4 in 2021. (*County Health Rankings*)

Reduce the number of mental health patients inpatient or outpatient at St. Clare Hospital with a suicidal attempt or ideation as a primary or secondary diagnosis from 12 per year ending 2018 to 10 by 2021.

Chronic Disease

Reduce the number of age-adjusted deaths due to heart disease in Sauk County from 163.5 deaths per 100,000 persons in 2018 to 160.0 by 2021. (*Community Commons*)

Hold steady the percentage of adults with diabetes in Sauk County from 10% in 2018 to 10% by 2021. (*County Health Rankings*)

Reduce the number of age-adjusted deaths due to diabetes in Sauk County from 41.5 deaths per 100,000 persons in 2017 to 41 by 2021. (*Community Commons*)

Reduce the number of heart failure readmissions to St. Clare Hospital from Sauk County from 16 in August 2018 to 14 by 2021.

Obesity

Reduce the percentage of Sauk County adult residents who are sedentary from 23% in 2018 to 22% by 2021. (*County Health Rankings*)

Reduce the number of emergency department visits at St. Clare Hospital for uncontrolled diabetes from Sauk County residents from 70 in September 2018 to 60 in 2021.

SSM Health is a Catholic not-for-profit health system serving the comprehensive health needs of communities across the Midwest through a robust and fully integrated health care delivery system. Headquartered in St. Louis, SSM Health has care delivery sites in Missouri, Illinois, Oklahoma and Wisconsin. The health system includes 24 hospitals, more than 300 physician offices and other outpatient care sites, 10 post-acute facilities, comprehensive

Through our exceptional health care services, we reveal the healing presence of God.

home care and hospice services, a pharmacy benefit company, an insurance company, a technology company and an Accountable Care Organization.

With more than 10,000 providers and 40,000 employees in four states, SSM Health is one of the largest

employers in every community it serves. An early adopter of the electronic health record (EHR), SSM Health is a national leader for the depth of its EHR integration.

SSM St. Clare Hospital - Baraboo

highlight of services

St. Clare Hospital - Baraboo is Sauk County's largest hospital and offers a comprehensive array of acute inpatient services, along with an ambulatory network consisting of convenient care, primary care and specialist providers.

St. Clare Hospital provides access to state-of-the-art medicine in the areas of radiation oncology, total joint replacement, women's health services, cardiac rehab, sleep studies, chronic disease education and other specialty care services.

community partnerships

We are proud to be part of community projects that work to improve health outcomes in the areas we serve including the University of Wisconsin – Baraboo Rural Training Track Residency Program; Boys and Girls Clubs; Sauk County Development Corp; UW Platteville – Sauk County Campus Board; Journey Mental Health; Central Wisconsin Community Action and more.

community benefit

In 2017, St. Clare Hospital provided \$5,634,541 in community benefit, comprised of \$1,500,702 in charity care; \$900,002 in community services; and \$3,233,837 in unpaid costs of Medicaid and other public programs.

Examples of our community benefit programs include: Teen Mental Health Summit; mental health first aid training; personal care products for area food pantries; mindfulness yoga in classrooms; Fit n' Fun third grade programming; farm to school nutrition; diabetes food boxes; health fairs; job shadowing and educational career days.

additional affiliations and partnerships

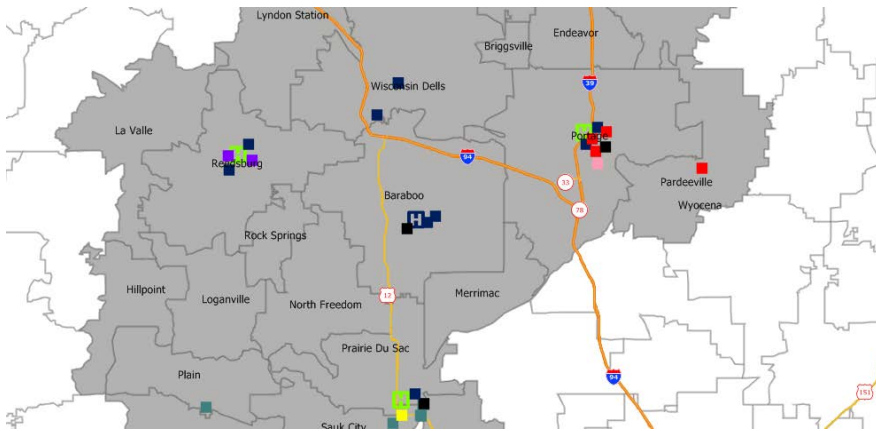
SSM Health Wisconsin is a community-based network of leading physicians/providers, hospitals, post-acute care facilities, over 85 physician offices and outpatient care sites. Partners are also Navitus, a pharmacy benefit management services company and Dean Health Plan which serves more than 425,000 members.

Hospital at a Glance	
Admissions	2,014
Outpatient Visits	82,170
ER Visits	22,248
Births	210
Beds	100
Employees	300+
Medical Staff	230+
Volunteers	147
Charity Care	\$1,500,702

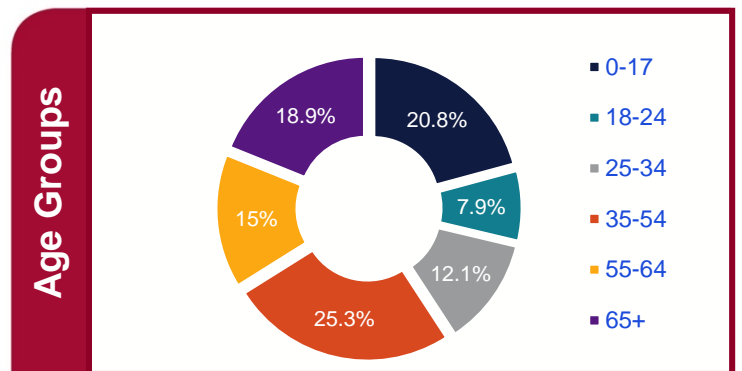
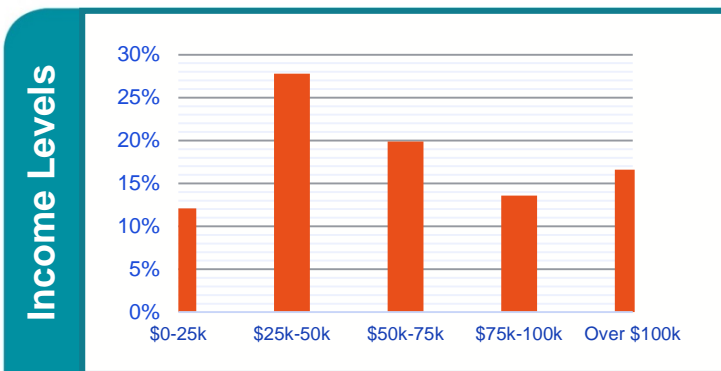
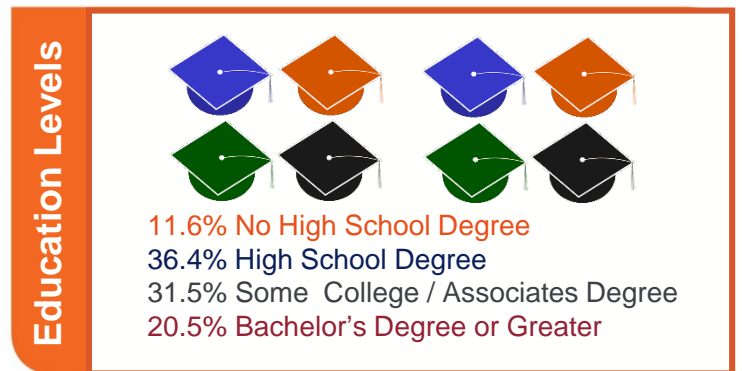
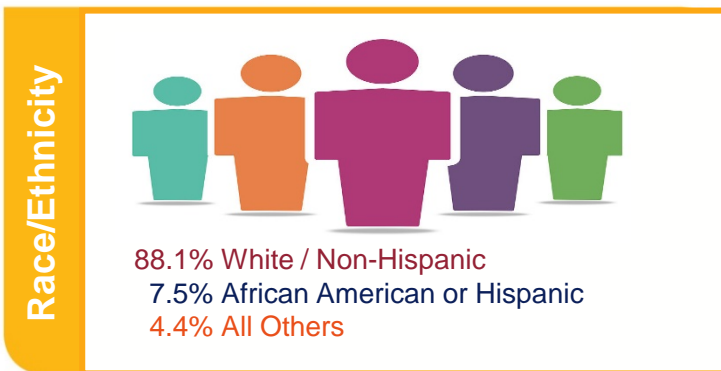
About Our Community



The community we serve is defined as primarily Sauk County, Wisconsin which accounts for 85% of the total patients served by the hospital. There are 16 zip codes that are contained within or overlap the service area. The hospital is located in Baraboo, Wisconsin 53913. In 2017, Sauk County had an estimated population of 73,275 persons.



our community by the numbers



The Health of Our Community



About the data

The data was derived from a variety of sources including ¹Community Commons. The Community Commons platform utilizes data, tools and stories to inspire change and improve communities. Thousands of meaningful data layers allow mapping and reporting capabilities for a thorough exploration of community health. The site is managed by the Institute for People, Place and Possibility, the Center for Applied Research and Environmental Systems and Community Initiatives. They also partner with organizations such as the American Heart Association and the CDC. Additional data sources include the ²Wisconsin County Health Ranking and the ³Sauk County Health & Wellness Coalition Survey 2018. Below is a statistical overview of both the strengths and weaknesses within the St. Clare Hospital community that factored into discussions with local stakeholders regarding the priority health needs of the population

Our community by the numbers

	<h3>Obesity</h3> <p>31-35% of adults are obese in Sauk County²</p>		<h3>Alcohol and Drug Abuse</h3> <p>Out of 17 choices, drug abuse and alcohol abuse were listed as the top two risky behaviors in our community.³ 38.13% of respondents reported binge drinking at least once in the past month.³</p>
<h3>Heart Disease</h3> <p>25.4% of adults in Sauk County have high blood pressure.¹ Out of 14 choices, heart disease and stroke were listed as the second most important health problem in our community.³</p>		<h3>Suicide</h3> <p>The suicide death rate is higher in Sauk County than both state and national averages.¹</p>	
	<h3>Mental Health</h3> <p>Out of 14 choices, Mental Health was ranked to be the #1 health problem in our community with 81.99% of respondents claiming it to be a major health issue.³</p>		<h3>Low Birthweight</h3> <p>There are fewer low birthweight babies born in Sauk County compared to state and national averages²</p>
<h3>Diabetes</h3> <p>The number of adults with diabetes is higher in Sauk County than the state average.²</p>		<h3>Fewer Families in Poverty</h3> <p>10% of Sauk County families live under the poverty line, which is below state and national averages.²</p>	

About the data

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Our community by the numbers



The Health Needs of Our Community

In addition to the primary research collected from the Sauk County Health & Wellness Coalition survey and the secondary research from online data sources, St. Clare Hospital held four key informant meetings with stakeholders representing the broad interests of the St. Clare Hospital community, as well as attended four additional forums. The groups included law enforcement, public health officials and subject matter experts, community leaders, St. Clare-affiliated clinicians, administrators and staff. Each meeting was discussion-based with a discussion lead probing for information relating to general community issues and concerns, issues in the community that promote poor health, issues related to health care access and perceptions of local community health care. At each meeting, the top health concerns were identified and stakeholders voted on which issues were of top priority.

The issues identified were **mental health, obesity and nutrition** (lack of nutrition education), **chronic disease (diabetes)**, drug and alcohol addiction, lack of transportation, lack of affordable housing, dental health, access to healthcare and suicide.

Stakeholder rankings were taken into consideration when choosing the final top three priorities. St. Clare Hospital leadership endorsed and actively supports the identified areas and will continue to collaborate with the Sauk County Health & Wellness Coalition as part of a January 2019 community forum and ideation seminar. It will be open to all residents of Sauk and surrounding counties to share ideas, input and resources to improve population health. While the results will be available after approval of this document by the SSM Health Wisconsin Regional Board, they will be considered as part of potential additional collaborative opportunities for the 2019-2021 plan.

key priorities

Mental Health



Mental health was confirmed by community feedback and data research to be a health needs priority.

Approximately 1 in 5 adults in the U.S. experiences mental illness in a given year. Among the 20.2 million adults in the U.S. who experienced a substance use disorder, 50.5% had a co-occurring mental illness. Suicide is the 10th leading cause of death in the U.S., the 3rd leading cause of death for people aged 10–14 and the 2nd leading cause of death for people aged 15–24.

(National Alliance on Mental Illness, <https://www.nami.org/learn-more/mental-health-by-the-numbers>)

Obesity



Obesity was an issue expressed in the community feedback and was verified by data research.

Obesity affects about 93.3 million U.S. adults. Obesity-related conditions include heart disease, stroke, type 2 diabetes and certain types of cancer, some of the leading causes of preventable death.

Obesity is a result of combined causes and contributing factors including behavior, genetics, physical activity and food options.

(CDC, <https://www.cdc.gov/obesity/data/adult.html>)

Chronic Disease



Chronic disease, inclusive of diabetes and heart disease, was confirmed by community feedback and data to be a health needs priority.

One in two adults in the US has a chronic disease and one in four adults has two or more. Chronic diseases such as heart disease, cancer and diabetes are the leading causes of death and disability in the United States.

Behaviors contributing to chronic disease are poor nutrition and lack of physical activity.

(CDC, <https://www.cdc.gov/chronicdisease/about/index.htm>)

Our Progress Since 2015



Our last Community Health Needs Assessment was conducted in 2015. Below are the health needs we identified, the strategies we implemented to address them and the progress that has been made.

Priority	Goals	Source	Release Date	(2015 YE unless noted)	CY16TD (Jan-Jun)	CY16YE (Jan-Dec)	CY17TD (Jan-Jun)	CY17YE	CY18TD
Mental Health	Reduce the age adjusted death rate due to suicide from 11.8 deaths per 100,000 (2012-2014) to 11.2 deaths per 100,000 by 2018 in Sauk County and in Columbia County from 23.7 deaths per 100,000 (2012-2014) to 23.0 deaths per 100,000 by 2018	HCI / 2017 CC	2yr lag	11.8 23.7 (2012-2014)	11.8 23.7 (2012-2014)	11.8 23.7 (2012-2014)	11.8 23.7 (2012-2014)	11.8 23.7 (2012-2014)	13.9 24.7 (2017)
Mental Health	Decrease the number of Poor Mental Health Days in Sauk County from 3.5 in 2014 to 3.0 by 2018 and in Columbia County from 3.3 in 2014 to 2.8 in 2018	HCI / 2017 CC	2yr lag	3.5 3.3 (2014)	3.5 3.3 (2014)	3.5 3.3 (2014)	3.5 3.3 (2014)	3.5 3.3 (2014)	3.4 3.4 (2017)
Mental Health	Reduce the number of mental health patients (inpatient and outpatient observation) to St. Clare Hospital with a suicide attempt or ideation as a primary or secondary diagnosis from 23 a year ending 2015 to 21 by 2018 (Trendstar)	Trendstar	Ad Hoc	23	6	15	8	13	8

Obesity	Reduce the percentage of adults with a Body Mass Index (BMI) >30 in Sauk County from 28.1% in 2015 to 27.1% by 2018 and in Columbia County from 34.8% in 2015 to 32.8% by 2018 (Robert Wood Johnson County Health Rankings)	HCI / County Health Rankings 2018	2yr lag	28.1% 34.8% (2012-2014)	28.1% 34.8% (2012-2014)	28.1% 34.8% (2012-2014)	28.1% 34.8% (2012-2014)	28.1% 34.8% (2012-2014)	31% 35% (2018)
Obesity	Reduce the percentage of Sauke County residents who are sedentary from 34.2% (2012-2014) to 33.5% by 2018 and in Columbia County from 24.9% (2012-2014) to 24.0% by 2018	HCI / County Health Rankings 2018	2yr lag	34.2% 24.9% (2012-2014)	34.2% 24.9% (2012-2014)	34.2% 24.9% (2012-2014)	34.2% 24.9% (2012-2014)	34.2% 24.9% (2012-2014)	23% 22% (2018)
Obesity	Reduce the number of emergency department visits at St. Clare hospitals for uncontrolled diabetes from Sauk and Columbia County residents from 348 in 2015 to 336 in 2018 (Trendstar)	Trendstar	Ad Hoc	348	57	107	70	134	53

Chronic Disease	Reduce the number of age-adjusted deaths due to heart disease in Sauk County from 113.1 (2012-2014) deaths per 100,000 persons to 112.5 by 2018 and in Columbia County from 88.3 (2012-2014) deaths per 100,000 to 87.7 by 2018	HCI / 2017 CC	2yr lag	113.1 88.3 (2012-2014)	113.1 88.3 (2012-2014)	113.1 88.3 (2012-2014)	113.1 88.3 (2012-2014)	113.1 88.3 (2012-2014)	163.5 165.2 (2017)
Chronic Disease	Reduce the number of heart failure readmissions to St. Clare Hospital from Sauk and Columbia Counties from 15 a year ending December 2015 to 13 by 2018	Trendstar	Ad Hoc	15	2	5	7	10*	16
Chronic	Reduce the number of age adjusted deaths due to diabetes in Sauk County from 17.6 deaths per 100,000 (2012-2014) to 17.1 deaths per 100,000 in 2018 and in Columbia County 18.0 deaths per	HCI / Wis Pulic Health Profiles		17.6 18.0 (2012-	17.6 18.0 (2012-	17.6 18.0 (2012-	17.6 18.0 (2012-	17.6 18.0 (2012-	41.5 19

St. Clare Hospital - Baraboo

707 14th Street | Baraboo, WI 53913



2019 - 2021

Appendices

community perception survey

Primary

The primary data consisted of a community perception survey (see Sauk County Healthy Communities – pg 17) as well as focus groups including key stakeholders within the Sauk County communities.

The Sauk County Health & Wellness Coalition created the survey and all questions underwent a health literacy review. The community perception survey was conducted over a four month period in the following manner:

- The coalition made the survey available both online and in written format. Diverse populations had access to translators to complete the survey form.
- The 110 question survey covered a wide range of topics from access to care, quality of life, chronic disease, demographics, community health perceptions, health care access, physical activity, nutrition, abuse, safety, alcohol and drug use, community resiliency and lifestyle factors.
- The survey database (SurveyMonkey) used skip logic to only show questions relevant to the survey respondent in regards to their answers to previous questions.
- With the help of the entire coalition, St. Clare Hospital advertised the survey in various ways:
 - Newspaper ads in the Baraboo News Republic, Reedsburg Times Press, Wisconsin Dells Events and the Sauk Prairie Eagle
 - Online advertisements on websites and social media sites for each entity in the Health and Wellness Coalition
 - Radio interviews on WPQR Baraboo and the Magnum Radio Group stations
 - Media articles sharing purpose and information surrounding the survey
 - Internal communications within the Coalition entities
 - Local events such as the Sauk County Fair and Baraboo Circus Parade
 - Flyers advertising the survey were created and distributed at events
 - Flyers were also handed out to local organizations including libraries, Aging and Disability Center (ADRC), Veteran's Office, The Department of Human Services, grocery stores and local businesses
- 1,053 surveys were needed to have a confidence level of 95% and a confidence interval of 3 since the hospital service area has a total population of 73,275. St. Clare Hospital was able to collect 1,602 responses.
- Once the survey responses were tabulated, the survey results were evaluated and analyzed for health and demographic trends.
- The full results were distributed to, and discussed by, the coalition in bi-weekly meetings.

community perception survey

Primary - continued

The focus groups consisted of key community stakeholders. The hospital had a total of 47 people participating in the St. Clare specific focus groups. See Appendix B for a complete list of invitees and their associated affiliations. The focus group questions are listed in Table One, page 14.

Additional focus groups or interviews were used to gain information from the community regarding their perceptions of the community's health including the elderly, Hispanic, Amish and Native American populations who were not well represented in the survey.

A list of 14 community listening session questions were created regarding community health perception. Topics included community health, health care access, health literacy, health problems, transportation and food security. Six additional questions were asked about specific issues facing elderly people, availability of resources, knowledge of the ADRC and vaccination rates.

The questions were screened for health literacy and motivational interviewing and were also translated into Spanish. Data from the elderly population was obtained at foot clinics, dining centers and Golden K's meetings. Data from the Hispanic population was obtained from Lake Delton, Wisconsin Dells and Sauk Prairie community residents. The focus group data was analyzed and presented to the coalition.

Secondary

In addition to a review of demographics, St. Clare Hospital gathered and reviewed data from broad sources to set the initial direction and priorities of the community health needs assessment. The secondary data was derived from a variety of sources including the Wisconsin County Health Rankings & Roadmaps, Community Commons, Wisconsin Department of Health and Human Resources, CDC Behavioral Risk Factor Surveillance System, National Center for Chronic Disease Prevention and Health Population and the Wisconsin Behavioral Risk Factor Survey.

focus group questions

- Overall, how would you describe our community's health status?
- Tell me what a healthy community looks like.
- In this group's opinion, what are the biggest health problems in your community?
- What do people in your community do to stay healthy?
- What keeps people in your community from being healthy?
- What are we doing currently, as a community, to improve the health of our citizens?
- What could we be doing, that we aren't currently, to improve the health of our citizens?
- What service or opportunity do you wish was available?
- Is there anything you would like to add, or anything that you think would be helpful for us to know?
- What would you describe as the top three priorities to improve our hospital's service to the community?

prioritizing health needs

As part of the CHNA requirement, hospitals are required to evaluate the needs that are identified and validated through the data analysis. In order to do so, hospitals must establish specific criteria that will be used to assess each of the identified community needs. The system has recommended criteria and ratings that each hospital can use during prioritization. The method used to evaluate the needs as well as potential weighting is customizable based on the hospital's approach.

Prior to review of the data, a list of criteria was developed to aid in the selection of priority areas. During the data-review process, attention was directed to health issues that met any of these criteria:

- Health issues that impact a lot of people or for which disparities exist, and which put a greater burden on some population groups
- Poor rankings for health issues in Sauk County as compared to the State of Wisconsin, other counties or Healthy People 2020 national health targets
- Health issues for which trends are worsening
- Health issues that are among national and state health priorities or the national targets for the issues are not met
- Health issues that are of concern to community residents and leaders

A two-step prioritization process is recommended. Step one of this process focuses on community-specific criteria that are rated by community members to evaluate the identified needs. This step is subjective and measures community member's perceptions of the identified needs using a strongly agree to strongly disagree 5-point Likert scale. Once the community has evaluated their needs based on their perceptions, step two is that this list is sorted in descending order by priority and then reviewed by your internal prioritization team using system feasibility criteria. The internal criteria are more objective and focused on alignment to key strategies, resources, magnitude of issue and overall capability. Based on internal prioritization, the top ranking priorities establish the areas of focus for the Strategic Implementation Plan.

See Tables Two and Three, page 16, for further detail

The Sauk County Health & Wellness Coalition also considered indicators that relate to previous CHNAs from all of its entities. Along with this data, St. Clare Hospital also took into consideration the primary health issues listed in the hospital's last CHNA.

Finally, St. Clare Hospital examined "social determinants of health" or factors in the community that can either contribute to poor health outcomes or support a healthy community. This data was derived by the County Health Rankings Report for Sauk County, as well as from the online survey.

The online survey identified the top three health needs as mental health, heart disease & stroke and drug problems, with obesity listed as the fourth health need. During our key informant meetings, these needs were discussed with mental health continually at the top of the list of priorities. Key informants repeatedly emphasized obesity in all meetings, which placed it at a higher priority over substance abuse.

Appendix | Tables 2 & 3

Below are examples of the external and internal prioritization process tools.

Table 2

External Prioritization: Have your community partners or community members on your CHNA work team complete the ranking below. A high "total priority score" indicates the highest prioritized, most pressing need.

Instructions: For each of the identified community needs, please select the rating that best describes your agreement with the statements below and write it in the box below the question.

	5: Strongly Agree	4: Agree	3: Neutral	2: Disagree	1: Strongly Disagree	
		Severity	Importance to Community	Impact	Existing community resources	
Identified Community Needs		In my opinion, this is a serious health need within this community.	In my opinion, addressing this health need is very important to this community.	In my opinion, addressing this health need will improve the quality of life within this community.	In my opinion, there are no resources for addressing this health need within this community.	Total Priority Score
						0
						0
						0

Table 3

Internal Prioritization: Once community members have created a list of priorities, using the newly prioritized list of needs, complete the ranking below. A high "total priority score" indicates the highest prioritized most pressing need.

Instructions: Please rank each of the identified needs using the following criteria and scale.

	Magnitude	Alignment with Mission, Key Strategies & Priorities	Resources Needed to Address the Issue	Hospital's ability to Impact	
5	Greater than 10% unfavorable as compared to benchmark	Consistent with 2 or more SFHRP strategies	No additional resources needed; service is currently in place	Can provide a service likely to measurably improve the community's health status	
3	10% unfavorable as compared to benchmark	Consistent with one of the SFHRP strategies	Minimal resources needed to extend a current service	Can provide a service likely to measurably improve the community's health status with expertise from a community organization partner	
1	Equal to or more favorable as compared to benchmark	Inconsistent with the SFHRP strategies	Requires significant resources	Don't have the ability to measurably improve this need	
Identified Community Needs					Total Priority Score
					0
					0

community representation

The process for consulting with persons representing the community's interests, St. Clare Hospital - Baraboo used the Healthy People 2020 categories to guide the invitation list of key community stakeholders. See (Appendix #) for complete list of invitees. More than 47 community stakeholders participated in the focus groups.

St. Clare Hospital benefited from input derived through consultation of numerous community leaders representing diverse constituencies. The leaders associated with community feedback are listed with their affiliations below. Additionally, St. Clare Hospital benefited from guidance and input from individuals with expertise in public/population health and input from individuals with expertise in public health and the CHNA process.

Date	Solicitation Type	Panel Member Title	Panel Member Organization	Panel Member Name
6/28/2018	Focus Group/Key Informant Meeting	Intern	The Sauk County Health Department	Emorie Harty
6/28/2018	Focus Group/Key Informant Meeting	Nursing Student	Edgewood College	Abbie Frederick
6/28/2018	Focus Group/Key Informant Meeting	Dean	UW-Baraboo/Sauk	Ed Janairo
6/28/2018	Focus Group/Key Informant Meeting	Development Manger	Agrace Hospice	Tracy Buglass
6/28/2018	Focus Group/Key Informant Meeting	Executive Director	Baraboo Chamber of Commerce	Bobbie Buettcher
6/28/2018	Focus Group/Key Informant Meeting	Instructor	Edgewood College	Cindy Bodendein
6/28/2018	Focus Group/Key Informant Meeting	Student	Edgewood College	Erica Sharffer
6/28/2018	Focus Group/Key Informant Meeting	Student	Edgewood College	Ashley Vlack
6/28/2018	Focus Group/Key Informant Meeting	Student	Edgewood College	Caitlin Gutierrez
6/28/2018	Focus Group/Key Informant Meeting	Student	Edgewood College	Caitlin Dolan
6/28/2018	Focus Group/Key Informant Meeting	Student Nurse	Edgewood College	Emily O'Rourke
6/28/2018	Focus Group/Key Informant Meeting	Student Nurse	Edgewood College	Jennifer Johnson
6/28/2018	Focus Group/Key Informant Meeting	Executive Director	Boys and Girls Club of West Central WI	Karen DeSanto
7/17/2018	Focus Group/Key Informant Meeting	Quality Improvement Coordinator	Sauk County Health Department	Staci Dankert
7/17/2018	Focus Group/Key Informant Meeting	Intern	Sauk County Health Department	Emorie Harty
7/17/2018	Focus Group/Key Informant Meeting	Director of ED	SSM Health St. Clare Hospital	Cathy Etter
7/17/2018	Focus Group/Key Informant Meeting	Chief/EMS Director	Baraboo District EMS	Dana Sechler
7/17/2018	Focus Group/Key Informant Meeting	Safety and Emergency Coordinator	SSM Health St. Clare Hospital	Kelly Lapp
7/17/2018	Focus Group/Key Informant Meeting	Medical Director, Emergency Physician	Madison Emergency Physicians, SSM Health St. Clare Hospital	Matt Lazio MD
7/17/2018	Focus Group/Key Informant Meeting	SSM Regional EMS Medical Director	Madison Emergency Physicians, SSM Health St. Clare Hospital	Kacey Kronenfeld MD
7/17/2018	Focus Group/Key Informant Meeting	Director	Reedsburg EMS	Josh Kowalke
7/17/2018	Focus Group/Key Informant Meeting	Fire Chief	Baraboo Fire	Kevin Stieve

Sauk County Healthy Communities Survey 2018
Additional Key Informant / Focus Group Attendees

7/17/2018	Focus Group/Key Informant Meeting	EM Director	Baraboo	Jeff Jelinek
7/17/2018	Focus Group/Key Informant Meeting	EMS Director	Dells-Delton EMS	Janene Clark
7/17/2018	Focus Group/Key Informant Meeting	Sheriff	Sauk County Sheriff's Department	Chip Meister
7/17/2018	Focus Group/Key Informant Meeting	Captain	Sauk County Sheriff's Department	Mike Stoddard
7/17/2018	Focus Group/Key Informant Meeting	Director of Public Safety/Police Chief	Lake Delton Police Department, Fire & EMS	Daniel Hardman
7/19/2018	Focus Group/Key Informant Meeting	Quality Improvement Coordinator	Sauk County Health Department	Staci Dankert
7/19/2018	Focus Group/Key Informant Meeting	Intern	Sauk County Health Department	Emorie Harty
7/19/2018	Focus Group/Key Informant Meeting	Health Educator	Sauk County Health Department	Cassidy Walsh
7/19/2018	Focus Group/Key Informant Meeting	Foundation Coordinator	SSM Health at Home	Brittany de la O
7/19/2018	Focus Group/Key Informant Meeting	Aging Program Intern	Sauk County ADRC	Brianna Wipperfurth
7/19/2018	Focus Group/Key Informant Meeting	HIM Supervisor, Quality Data Analyst	SSM Health St. Clare Hospital Baraboo	Stephanie Wilkinson
7/19/2018	Focus Group/Key Informant Meeting	ADRC Director	ADRC	Susan Blodgett
7/19/2018	Focus Group/Key Informant Meeting	Director of Quality and Risk Management and HIM	SSM Health St. Clare Hospital Baraboo	Barbara Talley
7/19/2018	Focus Group/Key Informant Meeting	Diabetes Educator	SSM Health St. Clare Hospital Baraboo	Kelly Perry
7/19/2018	Focus Group/Key Informant Meeting	CMO, SCH	SSM Health St. Clare Hospital Baraboo	Maureen Murphy
7/20/2018	Focus Group/Key Informant Meeting	Quality Improvement Coordinator	Sauk County Health Department	Staci Dankert
7/20/2018	Focus Group/Key Informant Meeting	Intern	Sauk County Health Department	Emorie Harty
7/20/2018	Focus Group/Key Informant Meeting	Health Educator	Sauk County Health Department	Cassidy Walsh
7/20/2018	Focus Group/Key Informant Meeting	President/Owner	Yogi Bear Wisconsin Dells	Brent Gasser
7/20/2018	Focus Group/Key Informant Meeting	Mayor	Baraboo	Mike Palm
7/20/2018	Focus Group/Key Informant Meeting	PAS Manager (Patient Access)	SSM Health St. Clare Hospital Baraboo	Billi Jo Harrison
7/20/2018	Focus Group/Key Informant Meeting	Rehab Services	SSM Health St. Clare Hospital Baraboo	Bruce Houtler
7/20/2018	Focus Group/Key Informant Meeting	Aging Program Specialist	Sauk County Aging and Disability Resource Center	Marina Wittmann
7/20/2018	Focus Group/Key Informant Meeting	District Administrator	School District of Wisconsin Dells	Terry Slack
7/20/2018	Focus Group/Key Informant Meeting	Chronic Disease Coordinator	SSM Health St. Clare Hospital Baraboo	Heather Alloway

Sauk County Demographics

	Sauk County 2018	Wisconsin 2018
<u>Population</u>	63,949	5,778,708
<u>% below 18 years of age</u>	22.7%	22.3%
<u>% 65 and older</u>	17.8%	16.1%
<u>% Non-Hispanic African American</u>	0.9%	6.3%
<u>% American Indian and Alaskan Native</u>	1.5%	1.1%
<u>% Asian</u>	0.7%	2.8%
<u>% Native Hawaiian/Other Pacific Islander</u>	0.0%	0.1%
<u>% Hispanic</u>	4.9%	6.7%
<u>% Non-Hispanic white</u>	91.1%	81.7%
<u>% not proficient in English</u>	1%	1%
<u>% Females</u>	50.2%	50.3%
<u>% Rural</u>	46.1%	29.8%

	Sauk County 2018	Wisconsin 2018
<u>Male population 0-17</u>	7,146	659,600
<u>Male population 18-44</u>	10,622	1,003,259
<u>Male population 45-64</u>	8,730	789,397
<u>Male population 65+</u>	4,859	419,300
<u>Total male population</u>	31,357	2,871,556
<u>Female population 0-17</u>	6,751	630,421
<u>Female population 18-44</u>	9,806	968,609
<u>Female population 45-64</u>	8,841	795,855
<u>Female population 65+</u>	6,009	508,536
<u>Total female population</u>	31,407	2,903,421
<u>Population growth</u>	1%	1%

Appendix | Sauk County Data

Sauk County Quality of Life and Health Behaviors

Quality of Life	Sauk County	Error Margin	Top U.S. Performers	Wisconsin
<u>Poor or fair health</u>	13%	12-14%	12%	15%
<u>Poor physical health days</u>	3.4	3.2-3.6	3.0	3.6
<u>Poor mental health days</u>	3.4	3.2-3.6	3.1	3.8
<u>Low birthweight</u>	6%	5-7%	6%	7%

Health Behaviors in Sauk County	Error Margin	Top U.S. Performer	Wisconsin	
<u>Adult smoking</u>	15%	15-16%	14%	17%
<u>Adult obesity</u>	31%	27-36%	26%	31%
<u>Food environment index</u>	8.7		8.6	8.8
<u>Physical inactivity</u>	23%	18-29%	20%	21%
<u>Access to exercise opportunities</u>	77%		91%	86%
<u>Excessive drinking</u>	25%	24-26%	13%	26%
<u>Alcohol-impaired driving deaths</u>	43%	35-49%	13%	36%
<u>Sexually transmitted infections</u>	321.9		145.1	423.5
<u>Teen births</u>	21	19-24	15	20

Sauk County Clinical Care, Social & Economic Factors

Clinical Care	Sauk	Error	Top U.S.	Wisconsin
<u>Uninsured</u>	7%	6-8%	6%	7%
<u>Primary care physicians</u>	980:1		1,030:1	1,250:1
<u>Dentists</u>	1,560:1		1,280:1	1,520:1
<u>Mental health providers</u>	760:1		330:1	560:1
<u>Preventable hospital stays</u>	44	40-49	35	45
<u>Diabetes monitoring</u>	91%	84-99%	91%	90%
<u>Mammography screening</u>	65%	59-72%	71%	72%

Social & Economic Factors	Sauk	Error Margin	Wisconsin
<u>Poverty</u>	10%	8-12%	12%
<u>Older adults living alone</u>	28%		29%
<u>Hate crimes</u>			1
<u>Child abuse</u>	2		4
<u>Injury hospitalizations</u>	930	855-1,005	806
<u>Fall fatalities 65+</u>	123	84-162	128

CHNA collaborators

The St. Clare Hospital – Baraboo Community Health Needs Assessment was conducted in collaboration with the Sauk County Health & Wellness Coalition. This is the third CHNA cycle that our hospital has been privileged to work with the coalition. Membership includes:

- Sauk County Health Department
- SSM Health St. Clare Hospital - Baraboo
- Reedsburg Area Medical Center
- Sauk Prairie Health Care

St. Clare Hospital – Baraboo CHNA Available to the Public

The St. Clare Hospital 2018 CHNA is available online at <https://www.ssmhealth.com/locations/st-clare-hospital-baraboo> and upon request from the hospital at 608-356-1400.